

NEWSNOTES

Off-post access to Range Road curtailed

In order to better control traffic on the ranges, Fort Dix is closing two entrances from Route 70 to Range Road, one at the end of Grand Concourse Road and one at Mile Marker 37. Access to Route 539 through the gate known as Hole In The Wall will also be closed.

Self-Help Store relocated, hours expanded

The Fort Dix Self Help Store serves the directorates and tenant organizations on Fort Dix by providing a variety of do-it-yourself items to customers to include light bulbs, air filters, snow melt, gardening tools, and many other common items. Effective June 1, the Self Help Store will relocate across the street to building 5322 (behind the DPW building on Delaware Avenue) and expand the hours of operation to 8 a.m. to 4 p.m., Monday through Saturday, closed Sunday.

Professional Development scheduled for AGR Soldiers

Fort Dix will hold an Officer and NCO Professional Development session May 23 at Club Dix from 1 to 2:30 p.m. Active Guard and Reserve Soldiers from all commands are invited and encouraged to attend for latest on AGR management from Human Resources Command, Saint Louis. Other Army Reserve Soldiers are also welcome to attend.

Directors and Tenant Commanders are encouraged to allow AGRs to attend, if desired.

For more information, call is MSG Peniti Foreman, Mobilization Readiness Command, S-3, 562-4824.

Military Job Fair set on Battleship New Jersey

A free hiring event for veterans, personnel who are transitioning from active duty, Reserves, Guard, and military spouses presented by RecruitMilitary, the President's National Hire Veterans Committee, and the American Legion will be held at the Battleship New Jersey, in Camden Thursday, May 24, from 11 a.m. to 3 p.m.

For more info or to register as a job-seeker, visit www.recruitmilitary.com.

Dining Facility to be named for NY Soldier

A New York Soldier who was killed in Iraq June 9, 2006 will be honored May 24 when a Dining Facility in Building 5610 is named in his memory. The ceremony for Sgt. Jose Miguel Velez, 773rd Transportation Co., Queens, New York, will be held at 2:30 p.m. outside the building, just off Texas Avenue. Family, friends and members of the community are invited to attend.

WEATHER

FRIDAY: Showers likely with a high near 58 degrees, overnight low around 47.

SATURDAY: Mostly cloudy with a chance of showers and a high of 63 degrees, chance of showers at night with a low of 47.

SUNDAY: Early showers possible with a high of 68 degrees, overnight low of 50.

MONDAY: Mostly sunny skies with highs in the low-70s, mostly clear a night with a low around 50.

TUESDAY: Sunny with a high near 73 degrees, clear skies at night with a low of 54.

WEDNESDAY: Mostly sunny with highs in the 70s, cooler by night.

Fort Dix names NCO of Year



Staff Sgt. Tomika Velazquez

'Surge' grows in Baghdad, search widens for Soldier trio

Donna Miles
American Forces Press Service

WASHINGTON, May 16, 2007 — As the troop surge continues in Baghdad, search efforts continue for three 10th Mountain Division soldiers who remain missing following a pre-dawn attack south of the city, the Joint Staff's deputy operations director reported today.

"A massive effort is under way to locate three missing American soldiers," Army Brig. Gen. Perry Wiggins told reporters during a regularly scheduled Pentagon briefing.

The soldiers, members of Fort Drum's 4th Battalion, 41st Infantry Regiment, 2nd Brigade Combat Team, were abducted about 20 miles south of Baghdad at 4:45 a.m. May 12.

Four U.S. soldiers and an Iraqi army interpreter were killed in the incident.

Wiggins said credible intelligence points to al Qaeda or an associated group as the abductors.

He described the scope of the search for the missing troops, which includes thousands of U.S. soldiers and their Iraqi counterparts.

"We are using all intelligence resources at our disposal, including aerial platforms and human intelligence teams," he said.

In addition, checkpoints set up throughout the area are helping focus the search and prevent the captors from attempting to transport the missing soldiers, he said.

Wiggins declined to give additional specifics about the search that could jeopardize the operation but assured reporters no stone will go unturned until the soldiers are found.

"It is important for the American people to know that we are using every asset and resource available to the United States and Iraqi partners in our efforts to find our soldiers," he said.

"As a soldier myself who has commanded in Iraq, I can assure the American people, particularly the families of the missing soldiers, that we are committed to the soldier's creed of never leaving a fallen comrade," Wiggins told the crowd of reporters. "And I know that every soldier involved in the search is living by that creed as well and doing everything they can to find these brave soldiers."

Meanwhile, the troop surge continues in an effort to reduce violence in Baghdad and stabilize the city, Wiggins said. "Our objective in Baghdad, partnered with Iraqi security forces, is to improve security and stability so that the necessary political and economic progress can take place," he said.

The fourth of five U.S. Army brigade combat teams that constitute the surge has arrived and started operations in the northern part of the Baghdad, he reported.

This unit, 4th Brigade, 2nd Infantry Division, includes about 3,700 soldiers and their Stryker armored vehicles.

(continued on page 3)

Mobilized troop continues winning ways of 1079th Garrison Support Unit

Shawn Morris
Public Affairs Staff

Staff Sgt. Tomika Velazquez became the Fort Dix Noncommissioned Officer of the Year this past week in a head-to-head competition designed to test a Soldier's mental and physical attributes.

Velazquez, a Soldier with the 1079th Garrison Support Unit who has been mobilized at Fort Dix since October 2005, competed for the NCO of the Year title with a fellow mobilized 1079th Soldier, Staff Sgt. Charles Gaglio.

In the end, it was Velazquez's performance before the review board that gave her the win, she explained.

"I've had experience with boards in

the past in the regular Army," she said. "I did a lot of studying. I tried to stay relaxed and be confident."

Such review boards typically consist of four to six senior-level Soldiers who test the knowledge, maturity and military bearing of those who appear before them. The event begins with the proper entrance, approach and greeting to the board members. The subject's uniform, attitude and composure are judged by the board members, as are the answers the subject gives to various questions ranging from military tasks to current events.

The competition began at 6:30 a.m. with an Army Physical Fitness Test, followed by a written exam at 8 a.m. The review board began around 10 a.m., and

the event was finished by 3 p.m. Weapons qualification on the range took place the week before.

Velazquez faced stiff competition in Gaglio, and had only good things to say about her competitor.

"He's very challenging," she said of Gaglio, who used to hold Velazquez's current position as admin NCO for Command Sgt. Maj. Albert Davidson, installation command sergeant major, and Command Sgt. Maj. Anthony Young, command sergeant major for mobilization.

This past year's winner, Staff Sgt. Fred Cohen, is also a member of the 1079th GSU. He is currently mobilized as a chaplain assistant.

Velazquez, who holds an Active Guard/Reserve position as the 1079th's unit clerk when not mobilized, will move on to the Northeast Region Installation Management Command competition May 20-24 at Fort A.P. Hill, Va.

"I think it gives me good leadership skills," she said of the competition. "It lets me know I can accomplish anything I put my mind to."

In the air, on the ground and in the kitchen

Life sizzles at Fort Dix



photos by David Moore



THE EGG CAME FIRST — Pvt. Dwight Herrin, of the 735th Combat Support Battalion, grabs the first two eggs made to order at the Forward Operating Base on Fort Dix May 16. Richard Sargent, right, of Eberle Food Services, made Fort Dix and forward operating base history Wednesday when he made the first eggs to order for Soldiers training for the Global War on Terrorism at Fort Dix. The kitchen will also provide hamburgers for Soldiers in the evenings.

(ALMOST) THE REAL THING — Maj. Patrick Young, 58th Brigade Combat Team, talks to a "villager" played by a civilian on the Battlefield during training at the Military Operations in Urban Terrain site at Fort Dix May 11. The village, constructed from freight containers, gives Soldiers the opportunity to operate in the type of small villages that are common in Iraq. It was recently expanded to provide a wider range of training scenarios.



Ryan Morton



Pascual Flores

AIRSHOW — Sgt. Marc Owens of the Golden Knights takes the first step out of a c-31 Friendship Fokker during the McGuire Air Force Base Air Show May 13. Right, Staff Sgt. Jeffrey Schaffer, also of the Golden Knights, proudly carries an American flag as he heads for a landing spot in front of a row of F-15 Thunderbirds. More than 150,000 people attended the two-day event.



Dolley Madison dazzled America

First Lady, courageous patriot, hostess with mostest

Steve Snyder
Public Affairs Staff

Dolley Madison's 239th birthday arrives Sunday on May 20th and while her name is still familiar to most Americans, memories of what she did seem shrouded in the mists of time.

Few embodied the ideals of American civilization better than the vivacious wife of our fourth president. And Dolley made it all look so easy.

For 16 years she nourished an oasis of civilization in our nation's capital. Hostess, housewife or social butterfly, Dolley stands tall on history's list of distinguished first ladies.

Our fourth first lady was fearless, too, and a patriot proud of her young country's accomplishments.

In the dark hours of August 14, 1814, British armies invaded Washington D.C. Dolley was in charge of evacuating the White House. Her small cluster of servants were terrified. But Dolley refused to leave the premises until "the large picture of George Washington is secured." She also saved the Declaration of Independence, fleeing only moments before British-led flames consumed the president's mansion.

In a letter Dolley wrote to her sister Ann the day before Washington was burned, Dolley describes the sequence of events leading up to the British invasion:

"My husband left me yesterday morning to join General Winder. He inquired anxiously whether I had courage or firmness to remain in the President's house until his return on the morrow, or succeeding day, and on my assurance that I had no fear but for him, and the success of our army, he left, beseeching me to take care of myself, and of the Cabinet papers, public and private. I have since received two dispatches from him, written with a pencil. The last is alarming, because he desires I should be ready at a moment's warning to enter my carriage, and leave the city; that the enemy seemed stronger than had at first been reported, and it might happen that they would reach the city with the intention of destroying it. I am accordingly ready; I have pressed as many Cabinet papers into trunks as to fill one carriage; our private property must be sacrificed, as it is impossible to procure wagons for its transportation. I am determined not to go myself until I see Mr. Madison safe, so that he can accompany me, as I hear of much hostility towards him. Disaffection stalks around us. My friends and acquaintances are all gone, even Colonel C. with his hundred, who were stationed as a guard in this inclosure. French John (a faithful servant), with his usual activity and resolution, offers to spike the cannon at the gate, and lay a train of powder, which would blow up the British, should they enter the house. To the last proposition I positively object, without being able to make him understand why all advantages in war may not be taken."

Wednesday morning, twelve o'clock - Since sunrise I have been turning my spy-glass in every direction, and watching with unwearying anxiety, hoping to discover the approach of my dear husband and his friends; but, alas! I can descry only groups of military, wandering in all directions, as if there was a lack of arms, or of spirit to fight for their own friends.

Three o'clock - Will you believe it, my sister? We have had a battle, or skirmish, near Bladensburg, and here I am still, within sound of the cannon! Mr. Madison comes now. May God protect us! Two messengers, covered with dust, come to bid me fly; but here I mean to wait for him...

At this late hour a wagon has been procured, and I have had it filled with plate and the most valuable portable articles, belonging to the house. Whether it will reach its destination, the "Bank of Maryland," or fall into the hands of British soldiery, events must determine. Our kind friend, Mr. Carroll, has come to hasten my departure, and in a very bad humor with me, because I insist on waiting until the large picture of General Washington is secured, and it requires to be unscrewed from the wall. This process was found too tedious for these perilous moments; I have ordered the frame to be broken, and the canvas taken out. It is done! and the precious portrait placed in the hands of two gentlemen of New York, for safe keeping.

And now, dear sister, I must leave this house, or the retreating army will make me a prisoner in it by filling up the road I am directed to take. When I shall again write to you, or where I shall be tomorrow, I cannot tell.

Quaker roots
Dorothea Dandridge "Dolley" Payne was born May 20, 1768, to a devout Quaker couple in Bird Creek, Va. When he father abandoned planting to take up the starch-making business, Dolley and her four brothers and four sisters moved with their parents to Philadelphia, then the nation's capital. The 15-year-old Dolley was quickly captivated by life in the big city (about 30,000 people). Forbidden by religious scruples to sing or dance, Dolley still enjoyed talking to people.

Following her 22nd birthday, Dolley married John Todd, a lawyer, before giving birth to a baby boy, John, in 1792. But tragedy struck the young couple in 1793 when an epidemic of yellow fever killed Dolley's husband and her second son.

She was thus widowed at the tender age of 25 - with one



Gilbert Stuart, 1804
Dolley Madison

young son to support. In 1794 Dolley was introduced to another promising young lawyer, James Madison who took leave from Congressional duties to marry Dolley in September of that year. When the American seat of government was moved from Philadelphia to Washington, D.C., the Madisons moved into a more than comfortable 4,000 acre estate at Montpelier, Va. so James could be close to his work.

When Thomas Jefferson became president in 1800 he was a widower with little time to plan social agendas for White House functions. Since the Madisons were close to Jefferson, Dolley took up cudgels as the president's official hostess. And she soon gained a reputation as the hostess with the mostest (to borrow Pearl Mesta's famous phrase).

Blowing minds
Her brassy, vivacious personality overwhelmed visitors - and the nation - in ways not to be seen until quietly chic Jacqueline Kennedy did the same in the early 1960s.

Dolley loved feathered turbans, was passionate about snuff (tobacco), presided over dances and horse races with equal aplomb and generally wowed the young nation with her charm and grace. While Martha Washington had entertained only Federalists in the president's house and Abigail Adams was essentially unsocial, Dolley opened the White House to all, charming even the cynical in the process.

Dolly inaugurated the first inaugural ball in 1809 when Madison became president along with the first White House Easter egg hunt. She was not the first to serve ice cream in the White House, though, that honor going to Thomas Jefferson.

At the country's first inaugural ball an observer noted that "Dolley looked like a queen... it would be absolutely impossible to match her unassuming dignity, sweetness and grace."

But it wasn't all sweetness and light, of course, for the Madisons as the English started to yank American seamen off vessels in defying United States sovereignty, leading into the



Bettman/Corbis

FIGHTING WORDS - Dolley Madison is depicted saving the Declaration of Independence before fleeing the White House during British raids on Washington, D.C., in the War of 1812. The Brits burned the White House shortly thereafter.

FILM FLOP - Although the movie was lavish and featured Burgess Meredith and David Niven backing up Ginger Rogers in the title role, the 1946 film "Magnificent Doll" made Dolley Madison's life look boring, not easy to do even for philistines in Hollywood.

War of 1812 and the burning of the White House.

Dolley's grace under pressure endeared her to all Americans and future Secretary of State James G. Blaine exaggerated only a little when he credited the success of the Madison administration to the First Lady.

After the War of 1812, President Madison's popularity soared and he and Dolley retired in triumph to his Virginia estate. For 20 years, the Madisons lived happily in rustic isolation broken only by occasional attendance at White House functions. Dolley forced her husband to jog daily even when he got up into his 80s, keeping him healthy.

Grande dame
James Madison died in 1836, and Dolley not only ran the family estate but collected her husband's presidential papers for posterity. She returned to Washington's social whirl where her popularity had never waned. Dolley was there when cornerstones were laid for the Washington Monument in 1848. She witnessed Samuel Morse's demonstration of the telegraph. And Dolley narrowly missed being blown up when a cannon misfired aboard the Princeton in 1844, killing the secretaries of the Army, Navy and State.

Her son was the only major disappointment in her life. He was a drunkard whose debts forced her near the brink of bankruptcy in her later years.

Dolley Madison died on July 12, 1849. Succeeding years saw many products, most notably an ice cream brand, named after the beloved first lady (whose name was misspelled when someone mysteriously dropped the "e" and never returned it).

Dolley Madison never ceased being first in the hearts of her countrymen.

Indian festival opens

The Rankokus Indian Reservation presents the 39th semi-annual Powhatan Renge Nation American Indian Arts Festival Saturday through Monday, May 26-28, from 11 a.m. to 6 p.m. on Rancocas Road, Westhampton.

Admission is \$10 for adults and only \$5 for seniors and children 6-12.

Descendants from many Indian nations will be on hand to share their cultural delights including food, dances, artifacts of all kinds, hawks and other wild birds, buffalo, Indian lore, history, etc.

From Fort Dix, cars can exit Interstate 295 at Exit 45A to reach the reservation entrance only three-fourths of a mile down on the right or drivers can exit the New Jersey Turnpike on Exit 5 and make two rights before going another two miles down the road on the left hand side. -Steve Snyder



file photo by Melissa Bird

SHALL WE DANCE - Various traditional native dances are performed at the Indian Arts festival every year.



Steve Snyder

WOODLAND VILLAGE - Indians native to what is now the northeastern United States lived in villages similar to the replica, above, at the Rankokus Reservation.



Steve Snyder

AMERICAN ORIGINAL - Buffalo played a vital role in Indians' lives and are represented at the festival.



Steve Snyder

INDIAN ART - Woodcarvings, pottery, paintings and other artifacts reflect traditions of the first Americans and are available for purchase at the festival.

the Post

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Dix betwixt World War II & Korea



The 9th Infantry Division was assigned to Fort Dix on July 15, 1947, with basic training (see photo, right above) becoming the order of the day for the next 40 years (under the command of different units) on post. The 9th Division's tour here lasted until April 1954 when the 9th jumped over to Europe and the 69th Infantry Division was activated at Dix. It's all part of Fort Dix's heritage, celebrating 90 years of excellence this year in serving America and caring for Soldiers in the United States Army. And pride, performance and patriotism were the order of every day during those 90 years at Fort Dix. (photos courtesy of Dan Zimmerman at Fort Dix Museum)

Bikers ride for better days

**FreedomRide
benefits local
military, law
organizations**

David F. Moore
Public Affairs Staff

For more than 350 motorcycle riders on Sunday the place to be starts in South Jersey, winds through historic towns, and has the final destination of Fort Dix.

The 35-mile Armed Forces Freedom Ride event will benefit the Burlington County Military Affairs Committee and the Marine Corps Law Enforcement Foundation, two non-profit organizations that support the military.

Last weekend, during Barb's Harley Davidson's spring fling event in West Collingswood, riders from five states were on hand to register for the event. They came from as far away as Alabama and Massachusetts. More than 150 riders signed up for the event in one day.

The ride is scheduled to begin at 10 a.m. from Barb's Harley Davidson, 926 Black Horse Pike, West Collingswood Heights and proceed south on Black Horse Pike (Route 168) to I-295 North to Exit 45A (Mount Holly).

The ride will continue east on Rancocas Road for approxi-



courtesy photo

GET YOUR MOTOR RUNNING - The Armed Forces Freedom Ride winds its way through Fort Dix on Saturday. The ride benefits the Burlington County Military Affairs Committee and the Marine Corps Law Enforcement Foundation.

mately 2.5 miles into Mount Holly, arriving about 11 a.m., turn right on High Street, left on Mill and follow Monmouth Road (County Route 537) east for 15 miles to Wrightstown Road (County Route 545). Police escorts will be provided. The riders will enter McGuire Air Force Base and follow Trenton Avenue onto Fort Dix as the ride concludes at the Driver Training Area on Range Road.

The Grand Marshal is Medal of Honor recipient Command Sergeant Major Jon Cavaiani. Other dignitaries expected to participate are Marine Corps Assistant Commandant Gen. Magnus, former Flyer and current announcer Brian Propp, CBS-TV meteorologist Tom Lamaine and Mount Holly councilman Jules Thiessen.

Complimentary lunch will be available to the participants and vendors will be onsite for spectators. The event is open to the public and signs will direct spectators to the Driver Training Area from Trenton Road (CR545) in Pemberton.

There will be motorcycle demonstration teams performing

at the event to include the Philadelphia Police Motorcycle Team and a Motorcycle Safety Foundation Demonstration Team. Live music will be provided by the Mark Stringer Band.

Today is the last day for registration for the event and the fee is \$30 which entitles riders to an event pin and the complimentary lunch. To register, interested participants can sign-up in person at Barb's Harley Davidson today from 9 a.m. to 9 p.m. The Freedom Ride web site at <http://www.armedforcesfreedomride.org> contains information.

Lost troops

(continued from page 1)

These troops are working hand in hand with Iraqi security forces to clear, control and hold key areas of the city, Wiggins said ground commanders welcome the unit's capability and the tactical range and mobility the Stryker vehicles lend to the effort.

The fifth brigade in the surge, 2nd Brigade, 3rd Infantry Division, is completing its arrival in Kuwait and is expected to be fully operational in the Baghdad area by mid-June, Wiggins said.

These reinforcements will bring the U.S. troop strength there to about 155,000 by mid-June, up from about 133,000 in December, he said. Wiggins emphasized that troop numbers fluctuate regularly as units rotate in and out of the country.

Meanwhile, Iraqi security forces continue to mature as they grow in numbers and capability, he said. The Iraqi army now has about 140,000 troops trained, equipped and on the ground. Currently 80 battalions have taken the operational lead and nine are working independently, Wiggins said.

As they operate, Wiggins emphasized that the troops go to great lengths to avoid killing or hurting innocent civilians and prevent collateral damage. This is in stark contrast to the "barbaric nature of the enemy we face," both in al Qaeda in Iraq and the Taliban in Afghanistan.

"These groups kill indiscriminately and actually target civilians, he said. Pointing to a specific example where al Qaeda set up "a pre-meditated death trap" at a girl's school north of Baghdad, Wiggins said the insurgents' action "shows humanity at its lowest point."

U.S. and Iraqi troops found and dismantled the operation before it could inflict any damage, he reported.

United Communities Housing Information

Leasing Office- 723-4290

Maintenance Office- 724-0500

Trash Concerns - 724-0550

Residential Refuse Collection
Mondays:

McGuire AFB, 3800s and 3900s

Tuesdays:

All of Fort Dix, including Quarters 201, 501 and 1900

Thursdays:

McGuire AFB, 4000s, 4400s and 4500s

Recyclables are picked up every

Thursday

Yard and garden waste is
picked up every Monday and Tuesday

PLEASE PUT TRASH OUT

ONLY ON SCHEDULED DAYS.

HELP KEEP YOUR
NEIGHBORHOOD CLEAN!

Lone Bugler set to honor troops for Memorial Day

Retired 1st Sgt. Richard Pinter will begin his 21 Performance Salute May 24 to honor service members during Memorial Day weekend.

Pinter, known as "The Lone Bugler," is the former enlisted leader of the Adjutant General's own 276th Army Band, Pennsylvania National Guard.

Enlisting in the Army in February 1962, Pinter served for 38 years before retiring in 2000.

On the civilian side, Pinter has served as the legislative chairman of the Pennsylvania National Guard Enlisted Association, unit liaison representative of the Pennsylvania and New Jersey Employer Support of the Guard and Reserve, a member of the Bordentown Township Veterans Advisory Committee, official bugler of the Veteran Guard 3rd Regiment INF, the Honorary First Defenders of Allentown, Pa., Post 31 American Legion in Trenton, and as official bugler of Bordentown Township.

Pinter will begin this year's salute at 9:30 a.m. at the Bordentown Regional Middle School, 50 Dunn's Mill Road in Bordentown. The remaining events are as follows:

- May 24 at 2 p.m. at the MacFarland Intermediate School, 87 Crosswicks Street in Bordentown

- May 25 at 10:45 a.m. at the Hamilton Senior Center, 409 Cypress Lane in Hamilton

- May 26 at 11 a.m. at the Bordentown City Veterans Memorial Monument, Farnsworth Avenue in Bordentown

- May 26 at 2 p.m. at the Odd Fellows Cemetery, 4527 Route 130 South in Burlington

- May 27 at 11 a.m. at the Greenwood Cemetery, 1800 Hamilton Avenue in Trenton

- May 27 at 1 p.m. at the Princeton Memorial by the flag

- May 27 at 2 p.m. at the Sterling House, 901 Broad Street in Florence

- May 27 at 3 p.m. at the Groveville Veterans Monument, Church Street in Hamilton

- May 28 at 8:15 a.m. at the Ewing Church Cemetery, 100 Scotch Road in Trenton

- May 28 at 9 a.m. at St. Mary's Cemetery, 210 Crosswicks Road in Bordentown

- May 28 at 10 a.m. at Our Lady of Lourdes Cemetery, Woolsey Avenue off Cedar Lane

in Trenton

- May 28 at 10:30 a.m. at St. Mary's Cemetery, Olden Avenue in Trenton

- May 28 at 12:30 p.m. at the Brigadier General William C. Doyle Veterans Memorial Cemetery, 350 Provinceline Road in Wrightstown

- May 28 at 2:30 p.m. at Beverly National Cemetery, Bridgeboro Road in Beverly (large attendance expected)

- May 28 at 4 p.m. at Christ Church Cemetery, 130 Prince Street in Bordentown

- May 28 at 4:30 p.m. at Colonial Memorial Park, 3039 South Broad Street in Trenton

- May 28 at 5:30 p.m. at Crosswicks Cemetery, Crosswicks Hamilton Square Road in Crosswicks

- May 28 at 6 p.m. at Bordentown Cemetery, 210 Crosswicks Road in Bordentown

- May 28 at 6:30 p.m. at the Bordentown Township Veterans Memorial Monument, 1 Municipal Drive in Bordentown (large attendance expected)

- May 29 at noon at the Saint Francis Medical Center Cafeteria, 601 Hamilton Avenue in Trenton



Warden Charles E. Samuels Jr., Federal Correctional Institution (FCI) Fort Dix, far right, presents the Joint Citizen Volunteer of the Year Awards to David Ramsey, right, and Irene Cox, below, for their contributions to the Protestant inmate population at the institution.

courtesy photos

Prison honors altruists

The Federal Correctional Institution (FCI) Fort Dix held its 13th Annual Volunteer Banquet April 25. This event honors dozens of individuals for contributions and services to FCI. Warden Charles E. Samuels Jr., near left, presents Nicole Hines-Randolph, accounting technician, with the Staff Volunteer of the Year Award for her contributions as a Volunteer Citizen Advocate.



Pascual Flores

Ready to tell the Army's story

Soldiers from the 302nd Mobile Public Affairs Detachment, an Army Reserve unit stationed in Bell, Calif., displays their yellow banner during a ceremony held outside their barracks May 11. The 302nd is deploying in support of the Global War on Terrorism. Their yellow banner will hang above Infantry Park until the unit returns, at which time their banner will be returned to them.

Soldiers end four decades combined service

1st Lt. Vincent Caliguire
2-315th Field Artillery

A retirement ceremony was held May 12 for Chief Warrant Officer 3 Manny Garces and Master Sgt. John Fields of the 2-315th (TS) (FA).

The ceremony was held at Infantry Park in front of the Ultimate Warrior statue. Attending the ceremony were Soldiers of the 2-315th, Family members and friends of the retirees.

The two Soldiers have a combined service of more than 42 years in service to the U.S. Army, and were both awarded the Meritorious Service Medal as a testament to their dedication and work ethic. Plaques and other gifts were awarded to them by Lt. Col. Heidecker and Sgt. Maj. Drinkard, commander and sergeant major of the 2-315 (TS) (FA), in appreciation of their service.

During their retirement speeches, both Garces and Fields expressed deep appreciation to their families and spouses in supporting them throughout their careers. Garces and Fields are looking forward to retirement and the next chapter of their lives as civilians.

Afterwards, a barbecue was held at Willow Pond where Soldiers, Family, and friends congratulated the retirement recipients and shared fond memories. The day was a perfect ending in celebration of what Garces and Fields have done in service of their country.

Garces is a native of Rio Grande, Puerto Rico. He is married to Angela Garces and they have four children, Michael, Angela, Allison and Raquel.

Garces graduated from Basic and Advanced Individual Training at Fort Sill, Okla., as a field artillery forward observer in 1987.



1st Lt. Vincent Caliguire

DYNAMIC DUO -- Chief Warrant Officer 3 Manny Garces, left, and Master Sgt. John Fields, both members of the 2-315th Field Artillery (TS), say goodbye to their fellow Soldiers during a retirement ceremony held May 12 at Infantry Park. Garces is accompanied by wife Angela, while Fields is joined by girlfriend Annabelle.

Garces first served at Fort Riley, Ks., with the 4th Battalion, 5th Field Artillery, 1st Infantry Division, as a fire support specialist and forward observer.

Following his first re-enlistment, he served as a forward observer, COLT team chief and company fire support sergeant, all with 1st Battalion, 27th Infantry (Wolfhounds), 25th Infantry Division (Light), Schofield Barracks, Hawaii.

Upon his return to CONUS, he was assigned as instructor of the Forward Observer Advanced Individual Training course at

Fort Sill. Garces was selected for and graduated from the Warrant Officer/Candidate School at Fort Rucker, Ala., in 1998. He then returned to Fort Sill and attended the Warrant Officer Basic course and graduated as a field artillery targeting technician.

Garces' initial assignment as a Q-36 radar section leader was with the 1st Battalion 320th Field Artillery Regiment (Rakkassans) targeting officer in 2003.

His next tour of duty was with 2nd Battalion, 17th Field Artillery, and Delta Battery (Wolfpack), 1st Battalion, 38th

Field Artillery (MLRS), both with the 2nd Infantry Division Korea.

Following his assignment in Korea, Garces returned to the states and served as an observer controller/trainer, operations and intelligence officer and security

manager, facilitating the safe training of deploying Joint Forces at Fort Dix in support of the Global War on Terrorism.

Garces has earned numerous awards and decorations to include the Meritorious Service Medal, Army Commendation Medal, Army Achievement Medal, Armed Forces Expeditionary Medal, and Global War on Terrorism Medal, Korea Defense Service Medal, NATO Medal, Kosovo Campaign Medal, Overseas Service Medal, Good Conduct Medal, Non-Commissioned Officer Development Ribbon and National Defense Medal. He has also earned the Parachutist Badge, Air Assault Badge, Drivers Badge, Rifle and Grenade expert badges.

Fields is a native of Avon Park, Fla. He has a girlfriend, Annabelle, and two children, Andrew and Jordan.

Fields graduated from Basic and Advanced Individual Training at Fort Jackson, S.C., as a unit supply specialist in 1985. Later that year, he attended and graduated from Airborne School at Fort Benning, Ga.

Fields first served at Fort Bragg, N.C., with the 2nd Battalion, 504th Parachute Infantry Regiment from 1985 to 1992 as a unit armorer, accounting specialist and supply sergeant. In 1989, he participated in Operation Just Cause in which he conducted a combat jump in Panama.

In 1992, Fields moved to Erlangen, Germany, where he served as a supply sergeant in 1st

Battalion, 30th Infantry (M). That next year, the unit deactivated and he was reassigned as a supply sergeant to 2nd Battalion, 14th FA (MLRS). While overseas, Fields returned back to the states to attend both BNOC and ANOC at Fort Lee, Va., where he earned the title as the distinguished honor graduate.

In 1995, he returned to CONUS where he was assigned as a headquarters supply sergeant and later battalion S-4 NCOIC in 3rd Battalion, 4th Air Defense Artillery Regiment, Fort Bragg. In 1999, Fields competed in the Supply Excellence competition and won second place in the 82nd Airborne Division.

In 2002, he was assigned a second time overseas to serve as a supply accounting analyst in the 1st Battalion, 10th Special Forces Group in Stuttgart, Germany. While there, he deployed to both Bosnia and Greece.

In 2004, he returned back to the United States, where he has served until today as the Battalion S-4 NCOIC of 2nd Battalion, 315th Regiment.

Fields' awards include the Meritorious Service Medal, Army Commendation Medal (4 OLC), Army Achievement Medal (5 OLC), Armed Forces Expeditionary Medal, Global War on Terrorism Medal, NATO Medal, Overseas Service Medal, Good Conduct Medal (6 knots), Non-Commissioned Officer Development Ribbon and National Defense Service Medal. He also earned the Bronze Star Parachutists Badge.

Chaplains' Corner

Chap. (Col.) Ira Kronenberg
Deputy Installation Chaplain

thing that lives shall be food for you like the green herbage I have given you everything."

Man sometimes forgets that along with this wonderful gift from G-D comes the responsibility to take care of the environment. Just because we have the Lord's permission to make use of all the world's resources does not mean that we can use them indiscriminately. We also must remember that the accumulation of possessions and wealth is just fleeting.

The Rabbis of the Talmud taught that when a person comes into the world, his hands constantly contract into a fist—as if to grasp and take to himself everything he can reach. But when he dies, his hands are outstretched—as though he were saying: "See, I take nothing with me of all the treasures of the earth". While Jewish tradition

shuns asceticism, admonishing that one sins when one denies himself the rightful enjoyments of life, it deplores gluttony and conspicuous consumption.

This is illustrated beautifully by a story in the Talmud.

A fox came upon the a vineyard that was fenced in on all sides. There was one hole through which he wanted to enter, but could not. What did he do? He fasted for three days until he became lean and slender; he then entered the hole and gorged himself on the grapes. When he wanted to leave, he would not fit in the hole. He again fasted for three days until he became lean and slender and was able to leave.

As we enter the summer months and begin to enjoy the beauty and gifts of the world, let us take in moderation and thank the Lord for his gifts.

NEIGHBORHOOD

THE CORNER

AAFES to open new shopette in June

AAFES will be opening a new Shopette on McGuire in June. Within the facility will be a Godfather's Pizza, which we suspect will do a booming business.

We will be hiring crew members and delivery people starting in mid May (closer to opening time for the drivers). Starting pay for crew members is \$8.69 per hour. As for the delivery people, they start at \$7.40 per hour. However AAFES provides the vehicle and drivers keep their tips.

To apply, visit www.aafes.com and click the employment link.

Case Lot Sale coming to commissary

The McGuire/Fort Dix commissary Case Lot Sale will be held May 16-19.

The worldwide case lot sales event is held every May and September. The sales offer shoppers the chance to buy bulk quantities of their favorite products at savings of up to 50 percent; far above the 30 percent or more they normally save by shopping at their commissary.

MOMS Club holding local park clean-up

The MOMS Club of Browns Mills and the Department of Public Works are sponsoring a park clean-up in Pemberton May 19 at Imagination Kingdom Park on Pemberton-Browns Mills Road.

The clean-up will begin at 9 a.m. and work will continue until the job is finished. Public Works will provide supplies.

For more information, call 227-7770 or send e-mail to hinesb@gmail.com

Grants available for kids of deployed military

The Women's Opportunity Center at the YMCA of Burlington County in Mt. Laurel is pleased to remind military members that grant funds are available not only for financial emergencies and crisis situations, but also to provide recreational and stress-relieving activities such as camps and classes for their children.

This grant, provided by the Department of Community Affairs is available to spouses and families of deployed military personnel in all branches of service in the State who are income eligible.

For more information and an application, call Fawn Mutschler at 543-6200, ext. 325, or send e-mail to wcomilitarygrant@ymca-bc.org.

Arts and Crafts contest looking for entries

The Family and Morale, Welfare and Recreation Command's Arts and Crafts program is gearing up for the 2007 Army Arts and Crafts Contest and calling for entries.

The submission deadline for Installation entries is to May 25.

For more details, contact your local Arts & Crafts or Recreation facility, write to FMWR-CR, Attn: FMWR-CR (Arts & Crafts), 4700 King Street, Alexandria, VA, 22302-4418 or send an e-mail to art@fmwrc.army.mil

Trenton Thunder offers discount to military

The Trenton Vet Center and Trenton Thunder baseball team are offering baseball tickets at a reduced rate for active-duty, Reserve and National Guard service members, and retirees. Regular \$10 tickets will be offered at \$7 for veterans and their families. Be sure to bring a picture ID, plus either a military ID, Federal Department of Veterans Affairs medical ID, or DD Form 214.

Real estate seminar coming to ACS

Fort Dix Army Community Service, in partnership with Operation ReMax, will host a seminar on becoming a real estate agent May 24 from 6 to 7:30 p.m. in Bldg. 5201 Maryland Avenue for military spouses and active, retired or veteran military personnel.

The seminar will focus on the requirements, costs and time involved with being an agent, and options such as working from home. A question-and-answer session will follow the presentation.

To register, call Rod Martel, ACS, at 562-2186.

Safety key to summer fun

Summer time is quickly approaching, and with it comes greater freedom and outdoor time for children and teens. Parents need to be ever-vigilant to take proactive steps to keep their children — and yes, teens — safe.

Each family needs to think about rules that establish a safety net for vulnerable family members.

The National Center for Missing and Exploited Children offers the following guidelines for parents:

1. Be sure to go over the rules with your children about whose homes they may visit when you are not there and discuss the boundaries of where they may and may not go in the neighborhood.

2. Make sure children know their full names, addresses, and telephone numbers and how to use the telephone. Be sure they know what to do in case of an emergency, and how to reach you using cellular or pager numbers. Children should have a neighbor or trusted adult they may call if they are scared or there is an emergency.

3. Caution children to keep the door locked and not to open the door or talk to anyone who comes to the door when they are home alone. If you have arranged for a family friend or relative to stop by, make sure your children feel comfortable being alone with that person. Make certain they understand not to tell callers they are home alone.

4. Don't drop your children off at malls, movies, video arcades, or parks. These are not safe places for children to be alone. Make certain a responsible adult supervises your younger children at all times when they are outside and away from home.

5. Teach your children in whose vehicle they may ride. Children should be cautioned to never approach any vehicle, occupied or not, unless accompanied by a parent, guardian, or other trusted adult.

6. Make sure your children know to stay away from pools, canals, or other bodies of water without adult supervision.

7. Since daylight lasts longer during

the summer months, be sure children know their curfew and to check in with you if they are going to be late. If you allow your children to play outside after dark, make sure they wear reflective clothing and stay close to home.

8. Choose babysitters with care. Obtain references from family, friends, and neighbors. Many states now have registries for public access to check criminal history or sex-offender status. Observe the babysitter's interaction with your children, and ask your children how they feel about the babysitter.

9. Check out camp and other summer programs before enrolling your children. See if a background screening check is completed on the individuals working with the children. Make sure there will be adult supervision of your children at all times, and make sure you are made aware of all activities and field trips offered by the camp or program.

10. Investigate daycare settings thoroughly before placing your children. Make sure the center or family day care home is licensed; completes full background screening for all employees, volunteers and others affiliated with the facility; and allows parents to freely come and go as they wish. Observe the personnel and activities several times before making your decision and visit unannounced after placement.

11. Be sure all custody documents are in order and certified copies are available in case your children are not returned to you from a scheduled summer visit.

12. Always listen to your children and keep the lines of communication open. Your children are your best source for determining if everything is okay. Teach your children to get out of dangerous or uncomfortable situations right away and practice basic safety skills with them. Make sure they are able to tell you about anything that makes them feel scared, uncomfortable, or confused.

The Family Advocacy Program is here to assist you to ensure the safety and well-being of your children and teens. For additional information, call Deraiah Wilson, Family Advocacy Program educator, at 562-4830.



Wayne Cook

Sing for spring with a song

The Fort Dix Elementary School celebrated the season with its Spring Concert May 16. Children from Dorothy Owens' fifth-grade class and Sharon Boudreau's sixth-grade class sang 'Four White Horses' and 'Mango Walk' from the musical arrangement 'A Small Part of the World' by Sally Albrecht. Music teacher Kathy Sandel led each of the classes in songs from the arrangement that took the audience on a musical ride around the world.

Securities scams often prey upon patriotism of military personnel

Debora Whipple
Office of the Attorney General
NJ Bureau of Securities

Opportunities always exist for duping the public, and when the fraud is directed at the investors — and creates the concept for the fraud by attaching it to the "military" — the scam is unsuccessful.

Depending on the investment, or the current news headline, scams can be and are tailored to lure specific unsuspecting investors — sometimes the military or those interested in supporting our troops.

When this country's Soldiers went to Iraq, a group called "Clover Management Group, Inc." (Clover) used the situation to prey on investors' patriotism. The New Jersey Bureau of Securities brought an action against Clover. The case involved the sale of more than \$55 million in fraudulent and unregistered securities to more than 80 investors. Many of the investors were located in the United Kingdom.

The investments were supposedly in defense industry private equity, and were pitched by the defendants as not only providing high guaranteed returns, but supporting the U.S. and British war efforts in Iraq (i.e., the perpetrators preyed on the investors' patriotism).

Representations were made for investment opportunities in a world-class precision manufacturer of sophisticated parts and components for the military and aerospace — programs that included Tactical Tomahawk and C-17 Transport for Raytheon and Boeing.

The Bureau of Securities worked on the case with New Scotland Yard, U.S. Attorney's Office, Federal Bureau of Investigation, U.S. Department of Defense, U.S. Securities and Exchange Commission and the U.S. Postal Inspection Service. (For more information on the Clover enforcement action, go to www.njsecurities.gov)

It seems that the use of the "military" as either a subject of a scam, or the military personnel as the primary target of a securities fraud, continues to occur. The National Association of Securities Dealers (NASD) recently fined two broker-dealers for preparing and distributing misleading sales literature, mostly to military personnel. The information allegedly was misleading and used charts and data that, among other information, provided time periods that masked the true performances of product.

Unfortunately, some registered representatives, better known as brokers,

don't act responsibly. Anyone selling securities in the state must be registered with the state securities regulator. Even brokerage firms that sell online must be registered with the New Jersey Bureau of Securities.

Most brokers are honest. But while a broker might be "registered," the intention to purposely mislead clients into investing might be the tactic of a person who has had previous enforcement actions taken against them.

Before investing, run your own background check. Ask questions. Anyone can obtain the disciplinary history of the person selling the investment. Place a call to the New Jersey state regulator to obtain free information about a registered broker or broker-dealer. The New Jersey Bureau of Securities of the Office of the Attorney General regulates anyone selling securities into or from New Jersey.

The bureau can be reached to ask reports or to report possible investment frauds by calling toll-free at 1-866-1-INVEST or 1-973-504-3600. Questions can be e-mailed to askbureau@njsecurities.com. The Bureau's Web site is www.njsecurities.gov.

The New Jersey Bureau of Securities does not make any recommendations for specific investments or referrals for financial advisers, individual agents or broker-dealers.



K-Mar Industries

Taking care of their own

Retired Col. George Waters, New Jersey Lakes and Pines Chapter, Military Officers Association of America (MOAA), presents a check for \$500 to Lt. Col. Roger Cotton, deputy installation commander, for the Army Emergency Relief Campaign.

Joint task force blocks 'dirty dozen' Web sites

Jim Garamone
American Forces Press Service

WASHINGTON, May 14, 2007 — The Defense Department is blocking access to many popular Internet sites from department-owned computers due to bandwidth issues, U.S. Strategic Command officials said today.

Joint Task Force Global Network Operations, which directs the operation and defense of the Defense Department's global information grid to assure timely and secure capabilities in support of warfighting, intelligence, and business missions, blocked 12 sites on government computers today.

The blocked sites are youtube.com, pandora.com, photobucket.com, mspace.com, live365.com, hi5.com, metacafe.com, mtv.com, ifilm.com, blackplanet.com, stupidvideos.com and filecab.com.

The popularity of the sites has not affected operations yet, but blocking them prevents them from causing such a

problem, officials said. "It is a proactive measure: we do not want a problem with demand for these sites clogging the networks," a U.S. Strategic Command official said.

The blocks affect only Defense Department computers and local area networks that are part of the department's global information grid. The department has more than 15,000 local and regional networks and more than 5 million computers in the grid.

Department officials stress they are not making a judgment about the sites. Blocking the sites "is in no way a comment on the content, purpose or uses of the Web sites themselves," the official said. "It is solely a bandwidth/network management issue."

Officials with a need to access these sites from government computers can request exceptions to the policy. Global network operations officials will continue to assess the stresses and strains on the global information grid, and may add or subtract sites as needed, officials said.

Announcements



Movie Schedule

at the McGuire AFB Theatre
Movie Hotline 754-5139

Friday, May 18 @ 7:30 p.m.
Are We Done Yet? - *Ice Cube, Nia Long* - Nick and Suzanne decide to move to the suburbs to create a better life for children Lindsey and Kevin. The contractor they hire to renovate their home has a rather odd way of doing business, complicating the family's move. Matters spiral further out of control when the contractor clashes with Nick but bonds with Suzanne and the children. A sequel to *Are We There Yet?* **MPAA Rating: PG** *Run Time: 90 minutes.*

Saturday, May 19 @ 7:30 p.m.
Firehouse Dog - *Josh Hutcherson, Bruce Greenwood* - Rex, world's most famous stunt dog gets separated from his owner and ends up as the mascot in a hapless San Francisco fire station, where he helps a 12-year-old boy (Josh Hutcherson) and his fire-chief father turn the station into the city's finest while stopping an evil arsonist. **MPAA Rating: PG** *Run Time: 111 minutes.*

Schedule Change

The May 20 Protestant Service scheduled for 9:00 a.m. will be consolidated with the 11:30 a.m. service
For more information call the chapel at 562-2020

Main Chapel

562-2020

Sunday Services

Protestant at 9 a.m.
Catholic Mass at 10:15 a.m. Gospel at 11:30 a.m.
Catholic CCD is held at 9:15 a.m.
Protestant-Gospel Sunday School at 10:00 a.m.

Religious Services

Islamic Prayer room
open 7 a.m. to 4:30 p.m. Monday through Friday - Room 24
Adult Bible Study
Wednesdays at noon and 7 p.m.
Catholic Adult Bible Study - Sundays, 11:30 a.m.
Christian Women of the Chapel hold a **Bible Study** - Tuesdays, 9:30 a.m. to noon
Christian Men of the Chapel hold a **Prayer Breakfast** - Fourth Saturday of each month, 9:00 a.m. to 11:00 a.m.
Youth of the Chapel
Every second and fourth Tuesday - 7:00 p.m. to 9 p.m.
Jewish Services
Contact the Chapel for dates and time

Vacation Bible School

June 25 - 29, 9:00 a.m. to 12:00 p.m.
Ages 4 to 12
Registration forms available at the chapel
or call 562-2020

Organizations

YMCA offers activities grants for kids
The Women's Opportunity Center at the YMCA of Burlington County at Mount Laurel is offering grants for recreational and stress reducing summer activities such as camps and classes for children of deployed military. The grant, provided by the Department of Community Affairs is available to spouses and families of deployed military personnel in all branches of service in the state who are income eligible.
For more information and an application call Fawn Mutschler at 543-6200, ext. 325.

305 MDG Pharmacy information
Patients using the 305 MDG Ambulatory Healthcare Center who received a prescription must first visit the pharmacy to "check-in and activate" the prescription. An ID card is required. The pharmacy will process the prescription only after check-in.
Current prescriptions may be refilled 24 hours-a-day, seven days a week, by calling 754-9470. Refills can be requested seven to ten days before the prescription runs out. Refills are ready for pick-up two duty days after being phoned in.

Upcoming ACS Events

Franchise Enterprise
May 31 from 5 p.m. - 7 p.m.
For more information call 562-2767

Read the Post!

Family Advocacy
562-5200
Chaplain
562-2020

American Red Cross
562-2258
Army Emergency Relief
562-2767

Youth Center

Bldg. 1279 Locust Street
562-5061

Hours of Operation:
Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday & Monday CLOSED

Administrative Hours:
Tuesday - Friday noon to 6 p.m.

May Schedule

Mondays - Fridays

Power Hour
2 - 4:30 p.m.

Computer Lab
4:30 - 6 p.m.

Tuesdays

SMART Start
3:45 - 4:45 p.m.

Wednesdays

Sports and Fitness
3:35 - 4:45 p.m.

Thursdays

Tech Club
3:45 - 4:45 p.m.

Fridays

Arts and Crafts
3:45 - 4:45 p.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

Army Community Service

Bldg. 5201

562-2767

Hours of Operation:
7:45 a.m. - 4:30 p.m.

May Schedule

Hearts Apart

May 22
10:00 p.m. - 1:00 p.m..
ACS

New Beginnings: Life After Divorce

May 22
6:00 p.m. - 8:00 p.m.
Fort Dix Child Development Center

Real Estate Seminar

May 24
5:00 p.m. - 7:00 p.m.
ACS

EFMP Kidz Plus Swimming

May 24
5:30 p.m. - 6:45 p.m.
Indoor Pool

International Spouses Group

May 25
11:45 a.m. - 1:00 p.m.
ACS

AFTB-Level 1

May 25
11:30 a.m. - 12:30 p.m.
Red Cross

For more information call
Deraurah Wilson at 562-4830

MOBILIZATION

WDIX Commander's Channel 2

NEWS YOU CAN USE

WDIX Commander's Channel 2

Post Shuttle Bus

562-5888
Monday to Sunday - 7 a.m. to 10 p.m.
During the day Starr Tour buses are used, in evening the military Bluebird buses are run.

Dix Shoppette/Class Six/ Gas Station

723-0044
Bldg. 5359, Texas Ave.
Monday to Friday - 6 a.m. to 10 p.m.
Weekends - 7 a.m. to 10 p.m.

BX/PX & Mall

723-6100
Monday to Thursday - 10 a.m. to 8 p.m.
Friday and Saturday - 8:30 a.m. to 8 p.m.
Sunday - 10 a.m. to 6 p.m.

Commissary

754-4154
Monday to Friday - 7 a.m. (early bird) to 8 p.m.
Saturday - 9 a.m. to 8 p.m.
Sunday - 10 a.m. to 7 p.m.

Military Clothing/Sales Store-Alterations

723-2307
Bldg. 5601, Texas Ave.
Monday to Saturday 10 a.m. to 5:30 p.m.
Sunday - Closed.

Firestone

723-0464
Bldg. 4201 on Texas Ave.
Monday through Friday - 7 a.m. to 7 p.m.
Saturday - 7 a.m. to 5 p.m.

Recreation Center

562-4956
Bldg. 5905 on Doughboy Loop.
Monday through Friday - 1 to 10 p.m.
Saturday and Sunday - noon to 11 p.m.
AT&T Cyber Zone offers computer access for a fee

Fort Dix Post Office

723-1541
6038 West 9th St.
Monday to Friday - 8:30 a.m. to 4:30 p.m.
Saturday - 9:00 a.m. to noon
Lobby hours
Monday to Friday 7:00 a.m. to 7:00 p.m.

Burger King

723-8937
Bldg. 5399, Texas Ave.
Monday to Saturday 6 a.m. to 8 p.m.
Sunday - 7 a.m. to 8 p.m.

McGuire Gas Station

723-4705
East Arnold Avenue by the 24-hour gate
Monday to Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 7 p.m.
Sunday - 9 a.m. to 6 p.m.

Spouses' Club Thrift Shop

723-2683
Tuesday and Thursdays - 10 a.m. to 2 p.m.
First Wednesday of each month - 4 to 8 p.m.
First and 3rd Saturday of each month - 10 a.m. to 2 p.m.

Dining Facilities

Bldgs. 5640 and 5986
Breakfast Mon - Sun 6:00 to 7:30 a.m.
Lunch Mon - Sun 11:30 a.m. to 1:00 p.m.
Dinner Mon - Sun 4:30 to 6:00 p.m.

Outdoor Recreation

562-6667
Bldg. 6045 Doughboy Loop
Equipment for rent includes skis, snowboards, canoes, flat bottom boats, canopies of various sizes, tents, tables, chairs and more.
Monday to Friday 10 a.m. - 5 p.m.
Saturday 4 p.m.

Java Cafe and Computer Lab @Club Dix

723-3272
Monday - Friday - 7 a.m. to 10:00 p.m.
Saturday-Sunday - Closed.

McGuire Shoppette

723-4705
East Arnold Avenue by the 24-hour gate
Monday to Thursday - 6:30 a.m. to 9 p.m.
Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 10 p.m.
Sunday - 9 a.m. to 7 p.m.

Club Dix

723-3272
Dix Cafe
Tuesday to Friday 11 a.m. to 1 p.m.
Revolutions Lounge
Opens 4:30 p.m. Tuesday to Sunday

Lightning Brigade leader earns star

Col. D. Christopher Leins was promoted to brigadier general May 5 in a ceremony conducted on Sharp Field.

Leins commands the 1st Brigade (Battle Command and Staff Training) of the 78th Division (Training Support) at Fort Dix.

Joining the newly promoted brigadier general were his parents Carole and retired Lt. Col. David Leins, his daughters Jesse and Carley, brothers Wayne and Scott, and Dr. Dominique Loring.

Prior to assuming command of the Lightning Brigade, Leins served as the commander of the 304th Civil Affairs Brigade in Philadelphia, Pa. His previous assignments include leadership and command positions with the 404th, 401st, and 450th Civil Affairs Battalions.

From March 2003 to November 2004, Leins was mobilized and served on the staff of the Office of the Secretary of Defense as the deputy director for operations, Office of the Coalition Provisional Authority Representative and, subsequently, as the director, Plans and Operations, Department of Defense Iraq Transition Team.

He also served in Joint Staff assignments with the U.S. Atlantic Command in Norfolk, Va., and Joint Task Force Somalia in Mogadishu, Somalia. In addition, Leins served in various staff and command assignments as a special-forces officer and armor officer.

Leins' awards and decorations include the Defense Meritorious Service Medal with Oak Leaf Cluster, Meritorious Service Medal, Army Commendation Medal with three Oak Leaf Clusters, Army Achievement Medal, Parachutist Badge, Ranger Tab, Special Forces Tab, Secretary of Defense Identification Badge, and Italian Parachutist badge.

After graduating the United States Military Academy in 1979, Leins received a commission in the Armor Corps. He earned a bachelor's degree in National Security, a master's degree in govern-



Spc. Bill Addison, 444th MPAD

RISEING STAR — Col. D. Christopher Leins receives promotion to brigadier general May 5 during a ceremony held on Sharp Field. Pinning his new rank are, from left, friend Dr. Dominique Loray and Maj. Gen. William Monk, commander, 99th Regional Readiness Sustainment Command.

ment from Johns Hopkins University, and a second master's in strategic studies from the U.S. Army War College. His military education includes the Armor Officer Basic and Advanced Courses, the U.S. Army Command and General Staff College, and the U.S. Naval War College Command and Staff College.



Steve Snyder

Reaching out

Retired Col. Bob Fasulo, president of AUSA's Fort Monmouth chapter, left, hands over a \$500 check to Bonnie Reed, civilian at center, manager of Fort Dix's Army Community Services's Deployment and Mobilization Readiness program, as Soldiers Pfc. Olivia Nguyen, 731st Transportation Co., Sgt. David Heath, 735th Combat Support Co., Sgt. 1st Class Emmett Toombs, 88th Brigade Combat Team and Spc. Charles Shepard, from left, lend support. Fasulo and Reed say another \$500 is on the way shortly to be used to provide demobilizing Soldiers coffee, cookies, sodas and snacks during their Reintegration/Reunion Training. ACS and the chaplains provide this small-group training to Soldiers returning from combat.

NCO Academy offers cadre passport to higher education

Wayne Cook
Public Affairs Staff



Wayne Cook

They develop curriculum, prepare courses, teach theory and procedure, and lead by living up to the highest of standards. No, they are not Harvard or Yale law professors - they are the instructors at the Fort Dix Non-commissioned Officer (NCO) Academy, and although they don't teach at the country's most prestigious educational institutes, the cadre members at the school perform nearly all the tasks as the best professors in the nation.

The difference between the two groups is one thing - education. That's why Sgt. 1st Class Steven Cooper, NCO Academy, reached out to Duquesne University's School of Leadership and Advancement in Pittsburgh, Pa. to request help in developing and providing a Bachelor of Science Degree program for NCO Academy personnel.

"I have had the honor of teaching at the Fort Dix NCO Academy since November 2003. During my tenure here, I observed my peers doing the same thing that I do as a college professor and small group leader - teach," said Cooper.

"One of my peers graduated from the same high school that I attended. One day, he jokingly said to me, 'Steve, I do the same thing you do (teach) but all I have is a high school diploma.' While I didn't have an epiphany at that moment, we did begin a three-year process of conducting a needs assessment of degree completion programs for NCO Academy personnel," he said.

Command Sgt. Maj. Franko Antolovich, commandant, Fort Dix NCO Academy, led the

LEARNING BY EXAMPLE — Command Sgt. Maj. Franko Antolovich, Fort Dix NCO Academy commandant, left, and Sgt. 1st Class Steven Cooper have worked to make the academy the class of the Army. Antolovich recently led a needs assessment team, which resulted in a partnership with Duquesne University's School of Leadership and Advancement in Pittsburgh, Pa., that provides a Bachelor of Science Degree program for NCO Academy personnel. Cooper made a personal donation of a \$10,000 scholarship in Antolovich's name that will assist with purchasing text books.

needs assessment team, which eventually concluded that a successful small group leader who has taught at least one year at the school had accumulated the knowledge, skills, and abilities in the areas of Training and Development and Organizational Leadership commensurate with, at a minimum, an associate's degree, if not a bachelor's degree.

Cooper analyzed hundreds of programs and contacted several universities. Of all the institutes that had been contacted, Duquesne University emerged as

being the one with the highest level of synergy with the academy.

Cooper and Antolovich worked with Mary Jane Snyder, program coordinator for Duquesne University's School of Leadership and Professional Advancement, and during a period of several weeks they developed a degree completion program for NCO Academy cadre and staff that maximizes the training and experience that is unique to NCO Academy personnel.

Those who take advantage of this opportunity can receive as many as 45 credits toward their degree; approximately 18 credits for completion of NCO Education System certification, and up to 27 elective credits for military training experience. Upon completion of the program, cadre and staff members can earn a Bachelor of Science degree in professional studies.

Cooper is making a personal donation of a \$10,000 scholarship to the NCO Academy in the name of Antolovich to assist in the purchasing of text books.

Cooper will be demobilizing this month to return to the civilian world where he has been selected to take the position as president of the Institute of Construction Management and Technology in Phoenix, Az.

Family Advocacy
562-5200

Chaplain
562-2020

American Red Cross
562-2258

Army Emergency Relief
562-2767

Birth defects from Fetal Alcohol Syndrome avoidable

Family Advocacy
305th Medical Group

Prenatal exposure to alcohol can cause a range of disorders, known as fetal alcohol spectrum disorders (FASDs). One of the most severe effects of drinking during pregnancy is fetal alcohol syndrome (FAS). FAS is one of the leading known preventable causes of mental retardation and birth defects.

If a woman drinks alcohol during her pregnancy, her baby can be born with FAS, a lifelong condition that causes physical and mental disabilities. FAS is characterized by abnormal facial features, growth deficiencies, and central nervous system (CNS) problems.

People with FAS might have problems with learning, memory, attention span, communication, vision, hearing, or a combination of these. These problems often lead to difficulties in school and problems getting along with others. FAS is a permanent condition. It affects every aspect of an individual's life and the lives of his or her family.

Prevention

Doctors have not identified a safe level of alcohol that a pregnant woman can consume. If you are in your childbearing years, be aware of the risks of FAS in your future offspring. These guidelines can help prevent FAS:

- * Stop drinking alcohol altogether if you are planning to become pregnant, as soon as you know you are pregnant or if you even think you might be pregnant. Your baby's brain, heart and blood vessels begin to develop in the early weeks of pregnancy.
- * Continue to avoid alcohol throughout your pregnancy. FAS is completely preventable in children whose mothers do not drink during pregnancy.
- * Consider giving up alcohol during your childbearing years if you are sexually active and you are having unprotected sex.

Many pregnancies are unplanned. At the least, do not engage in binge drinking, which may expose the fetus to the highest amount of alcohol.

- * If you are an alcoholic, do not get pregnant until you get

help. Use birth control methods until you are able to control your drinking.

Signs and Symptoms

Fetal alcohol syndrome is not a single birth defect. It is a cluster or pattern of related problems. The severity of signs and symptoms varies, with some children experiencing them to a far greater degree than others. Facial features of fetal alcohol syndrome are especially difficult to identify in preschool-age children.

Distinguishing normal facial features from signs of fetal alcohol syndrome in children of varying ethnic backgrounds requires the expertise of a doctor. Signs of fetal alcohol syndrome may include:

If a woman drinks alcohol during her pregnancy, her baby can be born with Fetal Alcohol Syndrome (FAS), a lifelong condition that causes physical and mental disabilities such as abnormal facial features, growth deficiencies, and central nervous system problems.

- * Distinctive facial features, including small eyelid openings, a sunken nasal bridge, an exceptionally thin upper lip, a short, upturned nose and a smooth skin surface between the nose and upper lip
- * Small teeth with faulty enamel
- * Heart defects
- * Deformities of joints, limbs and fingers
- * Slow physical growth before and after birth
- * Vision difficulties including nearsightedness (myopia)
- * Small head circumference and brain size (microcephaly)
- * Mental retardation and delayed development
- * Abnormal behavior such as a short attention span, hyperactivity, poor impulse control, extreme nervousness and anxiety

Diagnosis

Although doctors cannot diagnose fetal alcohol syndrome before a baby is born, they can assess the health of mother and

baby during pregnancy. If you report the timing and amount of alcohol consumption, your obstetrician or other health care provider can help determine the risk of fetal alcohol syndrome.

Knowing that you had been drinking while pregnant, your child's doctor can look for signs and symptoms of this syndrome in your child's initial weeks, months and years of life. Doctors commonly rely on these manifestations — such as growth impairment, facial malformations and the presence of heart defects — to diagnose FAS.

At times doctors use a variety of tests, including evaluations of IQ and language development, to help make a diagnosis. Doctors may refer children with possible fetal alcohol syndrome to a medical genetics specialist to determine whether FAS or other problems are present.

It may be difficult for doctors to identify FAS, especially in preschool-age children. In some cases FAS may be very similar to other syndromes that have some of the same physical or behavioral characteristics.

One such condition is Turner's syndrome, a chromosomal abnormality affecting girls that can impair intelligence and physical growth. Another condition that can mimic FAS is fragile X syndrome, a chromosomal mutation that causes a form of mild mental retardation in either boys or girls. If one child in a family is diagnosed with FAS, it's important to evaluate the siblings to determine whether the same syndrome exists.

Treatment

There is no cure for fetal alcohol syndrome. In general, the physical defects and mental deficiencies persist for a lifetime. Heart abnormalities may require surgery. Learning problems may be helped by special services in school. Parents often benefit from counseling to help the family with a child's behavior problems.

Coping Skills

The psychological and emotional problems associated with FAS are difficult to manage. Families and children with FAS may benefit greatly from the support of professionals and other families who have experi-

ence with FAS. Ask your doctor or public health nurse for local sources of support for families and children with FAS.

As a parent of a child with FAS, you may find the following suggestions helpful in dealing with behavioral problems associated with the syndrome:

- * Implement daily routines to which your child can become accustomed.
- * Create and enforce simple rules and limits.
- * Point out and use rewards to reinforce acceptable behavior.
- * Because many children with FAS are naive, guard against them being taken advantage of by others. Also, encourage them to make decisions in protected environments.
- * Teach your child skills for daily living.

A stable, nurturing home is the single most important factor in protecting children with FAS from some of the problems they are at risk of later in life, including drug abuse, dropping out of school and encounters with the juvenile justice system.

If you have given birth to a child with FAS, you may benefit from substance abuse counseling and treatment programs that can help you conquer your misuse of alcohol.

Other drugs and pregnancy
Using other drugs can also cause birth defects and behavioral problems in children.

Marijuana
* Marijuana use has been linked to low birth weight and premature birth.

* Marijuana use by the mother is associated with slow embryo growth and spontaneous abortion in the early stages of pregnancy.

* Reduces oxygen to the baby.

* Marijuana passes freely through the placenta, and it can also be passed to the baby during breastfeeding.

* Symptoms such as excessive trembling, and withdrawal — like irritability in newborns have also been associated with heavy marijuana use by the mother.

Cocaine

* During the early months of pregnancy cocaine exposure may increase the risk of miscarriage.

* Later in pregnancy, cocaine

use can cause placental abruption. Placental abruption can lead to severe bleeding, preterm birth, and fetal death.

- * Women who use cocaine during their pregnancy have a 25 % increased chance of premature labor.

There is no cure for Fetal Alcohol Syndrome. The psychological and emotional problems associated with FAS are difficult to manage. In general, the physical defects and mental deficiencies persist for a lifetime.

* Babies born to mothers who use cocaine throughout their pregnancy may also have a smaller head and their growth hindered.

* Babies who are exposed to cocaine later in pregnancy may be born dependent and suffer

from withdrawal symptoms such as tremors, sleeplessness, muscle spasms, and difficulties feeding.

- * Some experts believe that learning difficulties may result as the child gets older.
- * Defects of the genitals, kidneys, and brain.

Methamphetamines

- * The use of speed can cause the baby to get less oxygen, which can lead to a small baby at birth.
- * Red

- * Methamphetamine can increase the likelihood of premature labor, miscarriage, and placental abruption. Ox

- * Babies can be born addicted to methamphetamine and suffer withdrawal symptoms that include tremors, sleeplessness, muscle spasms, and difficulties feeding.

For more information and help, call Family Advocacy Nurse Amy Thomas at 754-9680, 305 Medical Group, McGuire Air Force Base, or March of Dimes — SJ Chapter at (856) 667-2220, www.modimes.org



Ryan Morton

Making the grade

Sgt. 1st Class Anthony Ruiz, Mobilization Readiness Battalion, receives promotion from staff sergeant during a ceremony held May 9 at Club Dix.

Dix sports director named coach of year

Ed Mingin
Public Affairs Staff

A prominent figure in the wrestling world for several decades, Floyd Winter was recently recognized for his efforts by the USA Board of Directors for Wrestling when they named him coach of the year.

Winter got his start in wrestling like most others. "I wrestled in high school and college," he said. "I mostly did it when I was in the Army. I wrestled for the Army for eight years and coached for them for nine

years." Once his days as a wrestler were over, Winter decided to share his knowledge of the sport with others as a coach. With his years of experience and an ability to pass along his passion, Winter was a fixture on the national wrestling scene.

"I've been a national guy for a long time, and an Olympic coach too," he said. "I coached two Olympics, '84 and '88." A retired Army master sergeant, Winter served as director of Fort Dix Youth Sports from 2003 until a few months ago, when he became director of sports, fitness, and aquatics.

Even after all his years in the sport, both as a wrestler and coach, and reaching the top of the wrestling world, Winter still has a passion that drives him to share his knowledge with wrestlers of all ages.

"I've given clinics to over 300 high schools and colleges. When I was the Army coach, I went to Europe to give clinics over there. I officiate wrestling matches in the state and I still do clinics," he said.

Winter still gives wrestling clinics around the Fort Dix community, and encourages young wrestlers to reach for their dreams.

"It's all about leverage and angles," he tells them. "You can become a state champion, national champion, even an Olympic champion if you have good fundamentals."

Last year, Winter travelled to Turkey to coach the United States Wrestling Team in the World Championships. The US Team took the runner-up spot and won several medals. Winter was asked to coach the team again this year in the World Championships.

"I enjoy being able to give back," said Winter. "I've gotten a lot out of wrestling, and I'm glad I can still contribute."



Ed Mingin

WRESTLING WITH SUCCESS -- Floyd Winter, director of Fort Dix sports, fitness and aquatics, has been voted as coach of the year by the USA Board of Directors for Wrestling. Winter will coach the US team again this year at the World Championships in Turkey.

Sports Shorts

Griffith Field House

Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.

John Mann Park

Get out and enjoy the weather with some fun activities at John Mann Park. Pitch some horseshoes, play a few rounds of volleyball or basketball.

There are also party pavilions, mini golf, a go-cart track, batting cages, and a children's playground.

The park is now open week-ends noon - 7 p.m. and will be open Memorial Day noon - 6 p.m.

Starting June 26, the park will be open Tuesday - Friday 1 p.m. - 7 p.m. and weekends noon - 10 p.m.

For more information, call 562-4791 or 562-6667.

Golf Classic Scramble

The American Society of Military Comptrollers is presenting the Jersey Devil Chap-

ter Annual Scholarship Fund Golf Classic Scramble.

The event will be Monday, July 9 at the McGuire Golf Course.

Cost for the event is \$60 and includes green fees, cart, prizes, lunch and drinks. Money is due by July 3.

Call 732-427-3835 for more information.

Youth Sports registration

It's time to get ready for some football! Youth Sports will be holding football and cheerleading registration May 1 - July 27.

An annual registration fee of \$18 is required, along with a fee of \$80 for football or \$50 for cheerleading.

Participants must be registered with Child Youth Services.

Call 562-4702 or 562-5231 for more information.

Local speedway offers discount

Once again New Egypt Speedway is offering a discount off the price of an adult admission ticket to all active duty military personnel and

their spouses, with proper ID.

For more info call (609) 758-1900 or visit the track's website at www.newegyptspeedway.net.

SAME Golf Outing

The Society of American Military Engineers will be sponsoring a golf outing at the Picatinny Arsenal June 7.

Proceeds from the event will be used to award scholarships. Cost of the event is \$125 for civilians and \$100 for military personnel and government employees.

Registration and fees are due by May 24. Cost includes greens fees, cart, lunch, refreshments, buffet banquet and prizes.

For more information call 973-989-0802 or 973-989-9265.

Canoe & Kayak Trips

Get outside and enjoy the spring weather with a canoe trip with Outdoor Rec.

May 26-27

Canoe/Kayak & camp trip.
Cost: \$45

June 9

Canoe/Kayak
Cost: \$25

June 10

Canoe/Kayak
Cost: \$25

July 14-15

Canoe/Kayak & camp trip.
Cost: \$45

Sept. 15

Canoe/Kayak
Cost: \$25

For more information about Canoe & Kayak trips, call Outdoor Recreation at 562-2727.

Swim Team Tryout

The Army is holding tryouts for its swimming team in the upcoming World Games.

2008 US Olympic Trials

Qualifying Standards

Women	Event	Men
26:39	50 Freestyle	23:49
57:19	100 Freestyle	51:59
2:03:39	200 Freestyle	1:52:89
4:19:39	400 Freestyle	3:59:99
8:50:49	800 Freestyle	-----
-----	1500 Freestyle	15:53:59
1:04:59	100 Backstroke	57:99
2:17:99	200 Backstroke	2:04:99
1:12:59	100 Breaststroke	1:04:69
2:35:99	200 Breaststroke	2:20:79
1:02:39	100 Butterfly	55:59
2:16:69	200 Butterfly	2:03:99
2:20:49	200 IM	2:07:39
4:55:89	400 IM	4:30:49

Active Duty Army swimmers interested in trying out for the team, or wanting more information about the event can call Floyd Winter at 562-4888.

Chip shot

The Law Day golf outing was held May 8 at the Fort Dix golf course, and golfers were treated to great weather for the event. First Sgt. John Humphreys, at right, makes a shot on the green during the tournament. The Navy team of Capt. Bret Gordon, Lt. Cmdr. Brian Leep, Lt. William Smith and Lt. J.g. Paul Weyant walked away with the top prize for the day, with a score of 65.



Ryan Morton

ARTS & CRAFTS

Bldg. 6039
Philadelphia Street

562-5691

Registration & sales store hours:

Tuesday-Thursday
noon-5 p.m. & 6-8:45 p.m.

Friday
11 a.m. - 4:45 p.m.

Saturday
9 a.m. - 4:45 p.m.

Sewing Classes
Tuesdays, 6:30 - 8:30 p.m.

June 5, 12.....Sun Dress

June 9.....Quilts for Kids

Family Day

June 27

Next month is National Family Month, so bring the whole family in to paint ceramics or do a craft together and receive 20-percent off your entire bill.

Summer Art Camp

July 24-27, July 31-Aug. 3

Aug. 21-24

Kids Craft Classes

Saturdays, 2:30 - 4 p.m.

June 2.....Decorated Tote Bag

June 9.....Souper Father's Day Mug

\$5 fee plus materials

Adult Craft Classes

Thursdays, 6 - 8:30 p.m.

June 7, 14.....Mosaic Flower Pot

\$5 fee plus materials

Frame Shop

The frame shop offers both do-it-yourself framing and custom framing. The shop is well stocked with a vast array of molding and mat board, plus state of the art equipment and a technical expert with over 20 years of experience in the field to ensure the results are exceptional. Posters and fine art prints are also available.

Create A Critter

Take 25-percent off any outfit when you stuff a critter! Discover a menagerie of animals to stuff, dress, and cuddle. From the basic teddy bear to giraffes and lions, we've got them all! Fun for the whole family, and you'll love our low prices. A great last minute gift idea, too!

Prayer group meets bi-weekly

Wayne Cook
Public Affairs Staff

In a world full of uncertainty and peril - where men and women serve in harm's way, both at home and abroad - emotions such as doubt and fear can grip the heart of man. In light of the May 7 foiled terrorist plot against Fort Dix and other local military facilities, it is evident that forces of good have been at work to thwart those of evil.

Along with agencies from federal law enforcement and the installation collaborating during the past 15 months to head off the threat, there might well be another factor that has been instrumental in the protection of the post and the people who serve and live on it.

A small group of volunteers from both the installation and the

local community have been gathering for the past two months in an effort to counter the darkness in the world and to lift up the men and women in the military, their families, and their leadership - military and governmental - through prayer.

During an informal gathering after the National Prayer Breakfast March 22, a few members of the installation community discussed the need for a regular prayer meeting where those desiring to seek divine intervention on behalf of the military and the country could freely come together and join informally in prayer.

Although there are chaplains involved in the prayer group, it is not a chapel-sponsored event or group. It is just a group of concerned people exercising their First Amendment rights to freedom of religion and the right to

peacefully assemble. The only goal is to pray for the needs and success of those in local communities and across the nation.

Although the group initially began with those associated directly with the post, it has recently been joined by concerned citizens of a neighboring community. The group meets every two weeks before duty hours on Monday morning and is open to anyone who has the heart and desire to pray for those around them and the circumstances of the nation and the world. Those seeking information or who wish to join may call Chap. (Maj.) Jason Logan at 562-2349.

There is an alternative to feeling trapped and overwhelmed by the circumstances that surround you and it can replace the negative feelings with joy and hope. It is called prayer.

Honoring the Colors

Reveille 6 a.m. (0600 hours)

Stand at attention,
face the flag and
salute at first note.

Military personnel in uniform

Military personnel not in uniform, civilians

Stand at attention,
face the flag and
place right hand over
heart at first note.

Military personnel in formation or in a group

Senior Soldier calls
group to "Attention,"
then "Present, Arms"
at first note. Calls
"Order, Arms" at
conclusion.

Individual military personnel, civilians in a vehicle

Stop vehicle and exit.
Follow steps above.

Group of military personnel in a vehicle

Stop vehicle. Individual
in charge exits and follows
steps above.

Retreat 5 p.m. (1700 hours)

Stand at attention,
face the flag for
Retreat, then
salute at first note
of To the Colors.

Stand at attention,
face the flag for
Retreat, then place
right hand over heart
at first note of
To the Colors.

Senior Soldier calls
group to "Attention,"
then "Parade, Rest"
at first note of
Retreat. Calls
group to "Attention"
and "Present, Arms"
at first note of To the
Colors, then "Order,
Arms" at conclusion.

Stop vehicle and exit.
Follow steps above.

Stop vehicle. Individual
in charge exits and
follows steps above.

Other bugle calls heard on post are:

Tattoo.....9 p.m. (2100 hours)

Call to Quarters.....9:30 p.m. (2130 hours)

Taps.....10 p.m. (2200 hours)